

NephroPlus organizes ‘Aashayein,’ a day-long fun event exclusively for dialysis patients

Over 300 dialysis patients attended the educational, fun and entertainment-filled day

Ahmedabad, 26th September 2022: India’s leading chain of dialysis networks and Asia’s largest Dialysis provider, NephroPlus, organized their flagship event, ‘Aashayein,’ for dialysis patients from its centers across Gujarat on 25th September. The day-long free, educational-cum-fun event aims to help dialysis patients improve their awareness levels of the disease, understand and share challenges and self-care patterns, and bring improvements to the quality of their lives.

More than 300 dialysis patients within and outside the network of NephroPlus attended the event with their families and caregivers. This educational-cum-fun workshop had skilled Nephrologists, Vascular Surgeons, Dieticians, and Mental Health professionals talk about life can be normal despite being on dialysis. The program focused on offering support encompassing the need and importance of a nutrition-focused dietary plan to meet the needs of someone on dialysis; educating patients on how to maintain their fistulas, fluid management, and a variety of other important topics,. The initiative also aimed at extending support to these patients in coping with negative-illness perceptions about kidney diseases and developing a positive attitude. There was an elaborate lunch that was prepared in accordance with renal-friendly diet and the event concluded with a lot of fun games and activities.

In the spirit of the successful Aashayein event, **Kamal Shah, Co-founder, NephroPlus**, said, *“NephroPlus believes in building a hassle-free dialysis process, aimed at reducing the knowledge gaps in dialysis management and treatments. An event like Aashayein boosts confidence in dialysis patients and encourages them to see life beyond the disease. We are thrilled with the response we received for the Aashayein event this year; it is only growing since its introduction. ”*

The event also saw the presence of Dr. R. K. Mandot, a popular Nephrologist and Transplant Physician and the founder of Kidney Health. He addressed the guests with an informative discussion about the role of dialysis in better kidney disease management and the patient-level responsibilities that can add more value to the kidney disease treatment process.

About NephroPlus:

NephroPlus operates 293 dialysis centres in more than 178 cities across 24 states in India and is known for its quality focus and patient-centricity. The company was established 12 years back with a vision to enable people on dialysis across the world to lead long, happy, and productive lives. The company treats 18,000+ patients per month and has performed 60+ Lakh treatments to date. For further information: <https://www.nephroplus.com/>

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